

Resilient Design & The Adaptation of Environmental Concerns Facility Mixed-use Occupancy



BUILDING ANALYSIS

1737 N Bayshore Dr, Miami, FL 33132

BUILDING TYPE

Type I-A

Fire Resistive Non - Combustible (High Rise)

3Hr. Exterior Walls

3Hr. Structural Frame

2Hr. Floor Ceiling

Assembly

OCCUPANCY CLASSIFICATION

A-4 Assembly, Indoor sporting events.

B- Business, Professional or service-type transactions.

SPRINKLER SYSTEM

Building is equipped with sprinkler system

Hibiscus Island

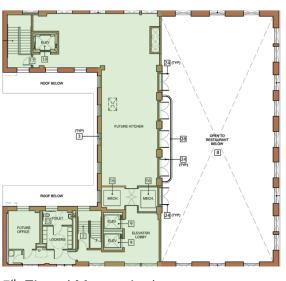
EXISTING ELEVATIONS & SQUAREFOOTAGE



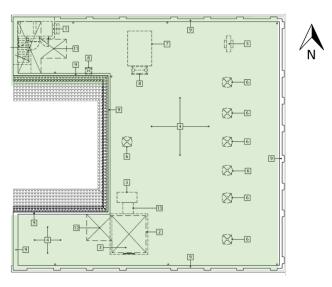
Total Square Footage: Approx.15,000 SQ FT (4th, 5th floor & rooftop)



4th Floor



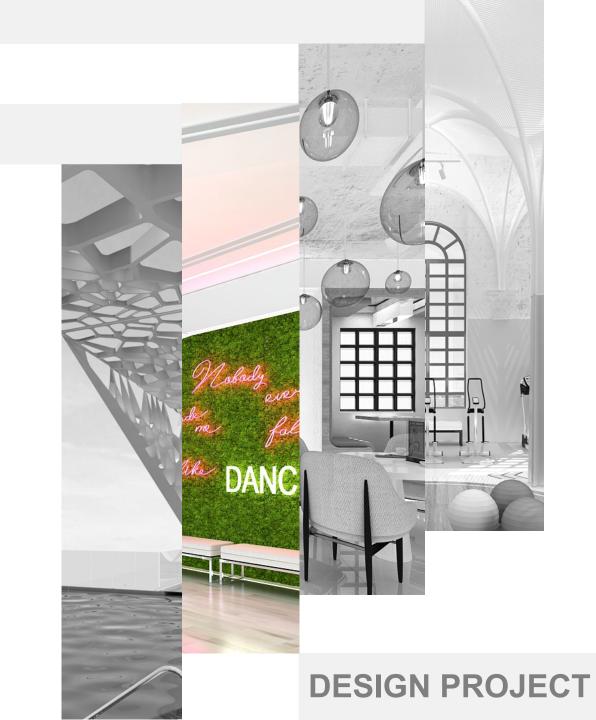
5th Floor (Mezzanine)



Rooftop Floor



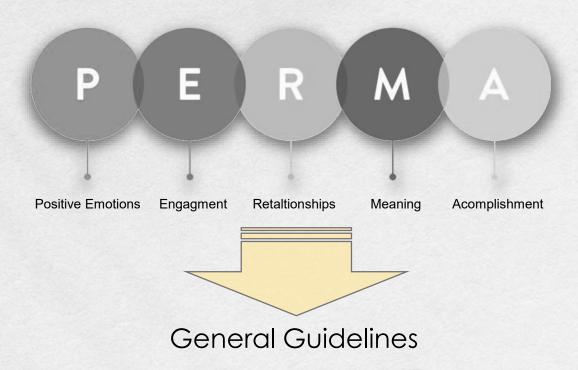
A Boutique Wellness and Fitness Center



Why a Wellness Center?

The goal is to provide an unique holistic experience by designing a sustainable Wellness Center to be included inside our building The Miami Woman's Club located in Miami, Florida. The facility will welcome local residents and guests who are living within the residential units, creating a customized experience with relaxing and healing environment that will allow them to relieve stress and enhance their quality of life. The Wellness Center will also give them a better understanding of a healthy lifestyle, and the importance of promoting sustainable practices.

Wellbeing & The PERMA Model of Happiness



- > Emphasize Living Locally by developing social spaces to promote a sense of community.
- Personalized Experience / Motivation.
- > Rewarding "Members of the Month" to members who surpassed their fitness goals.
- > Provide flexible spaces to accommodate for special events and other community occasions.
- ➤ Consider walls/ ceiling acoustical solutions to prevent sound transmissions in private areas.
- > Provide natural lighting and pleasant views in all activity areas.



INSPIRATIONS

Nature Vs. Human made

Transformation

Patterns

Purity











Aesthetic Concept Statement:

BALANCE Wellness Center is a destination for millennials who crave customization, social connection & unique experiences. This project follows a homeostatic approach that promotes positive balance between activities, enclosures, patterns and forms. A transformation of spaces that lead to convergence. Fading the line between traditional and nontraditional, dynamic and tranquil, natural and human-made, tangible and intangible. Reconnecting them in harmony within themselves, the environment and with one another. It behaves in unexpected ways, surprising us with its apparent suddenness.

Our mission is to encourage users to invest into improving their wellbeing day by day, until finally breaking out of their shell and feel free. It's a journey, an adventure, a celebration of the mind, soul & body achievements.



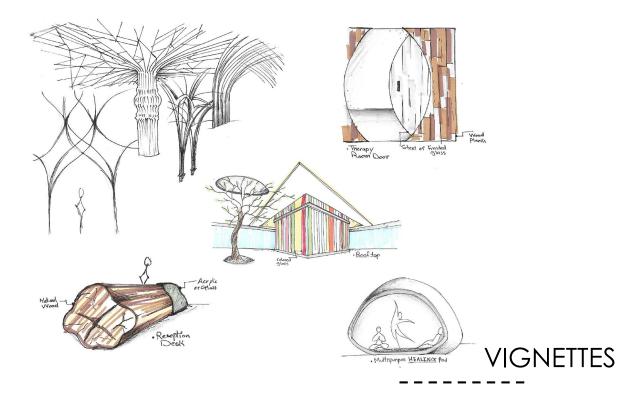








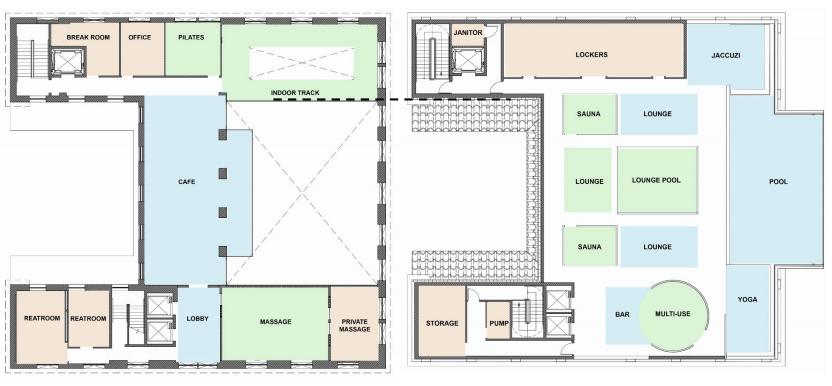
CONCEPTUAL MODEL



BUBBLE DIAGRAMS RooftopFloor Meditation **Outdoor Pool** Yoga 5th Floor (Mezzanine) Jacuzzi **Break** Lockers Manage Office Room Indoor Suna Showers Track 4th Floor (Pilates (Studio) Cafe Raquetpall Reception Lounge Cycling Lobby Restroom Dance Massage Gym **Studio (1)** Private Training Lockers **Basket Showers** -ball Major Adjacency Private Area Court Public Area Minor Adjacency Views

ZONING



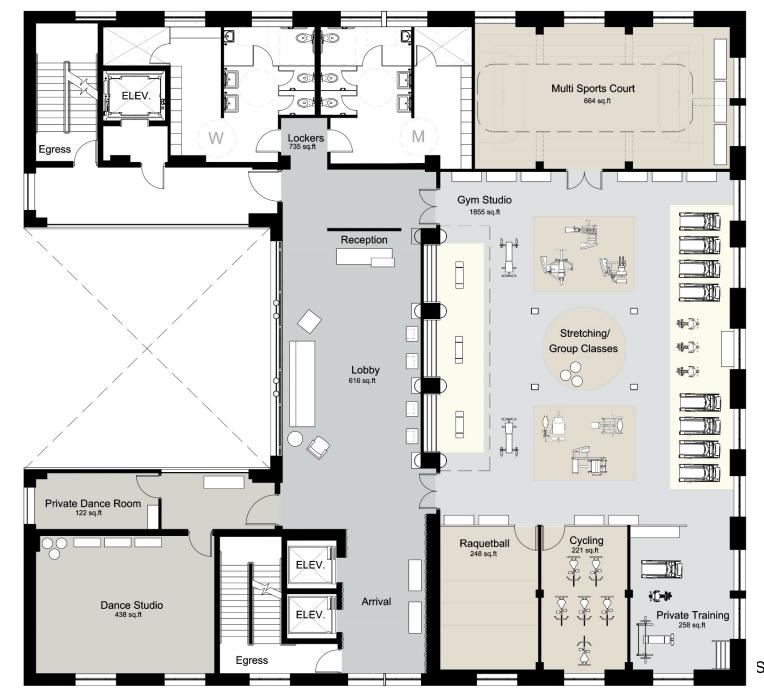


4th Floor (Mezzanine) RooftopFloor

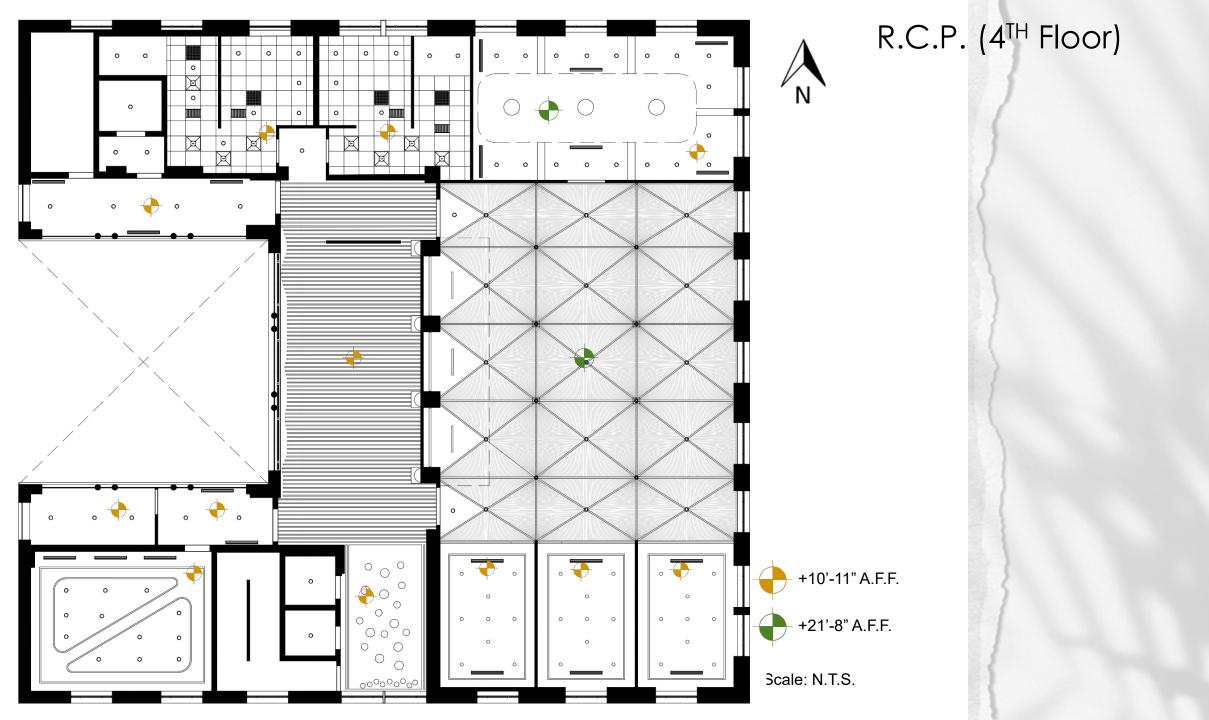
FLOOR PLANS REFLECTED CEILING PLANS SECTION/ELEVATIONS



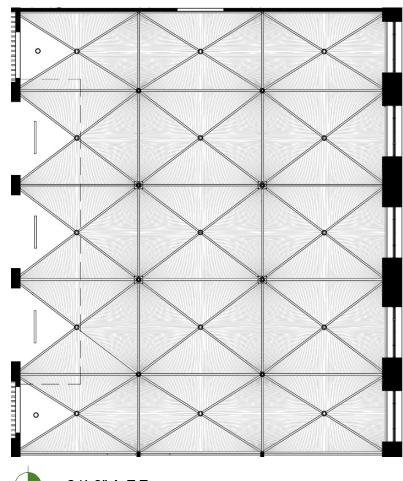


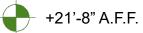


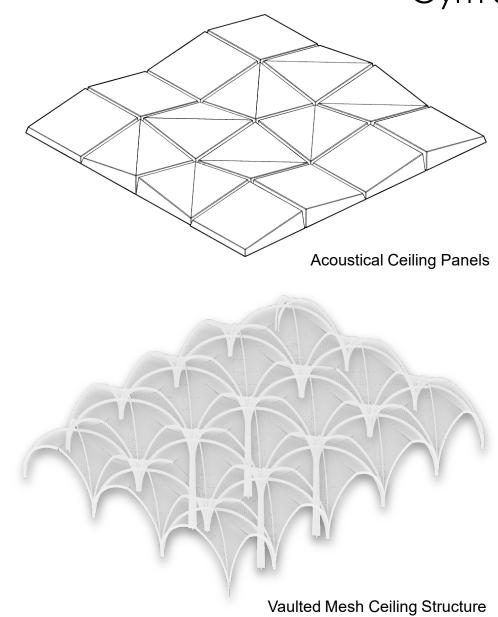
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Gym Studio Ceiling Detail





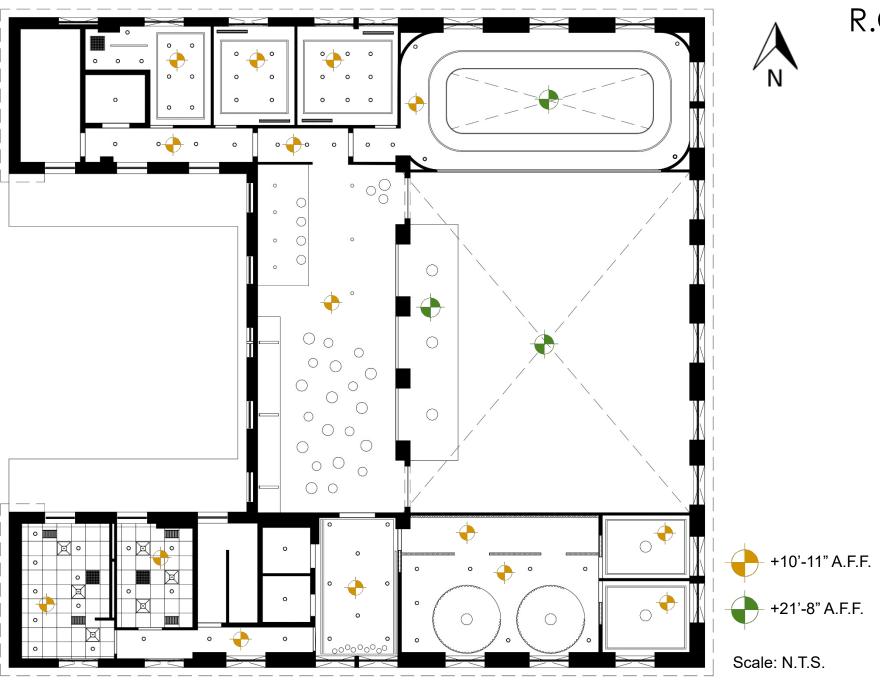




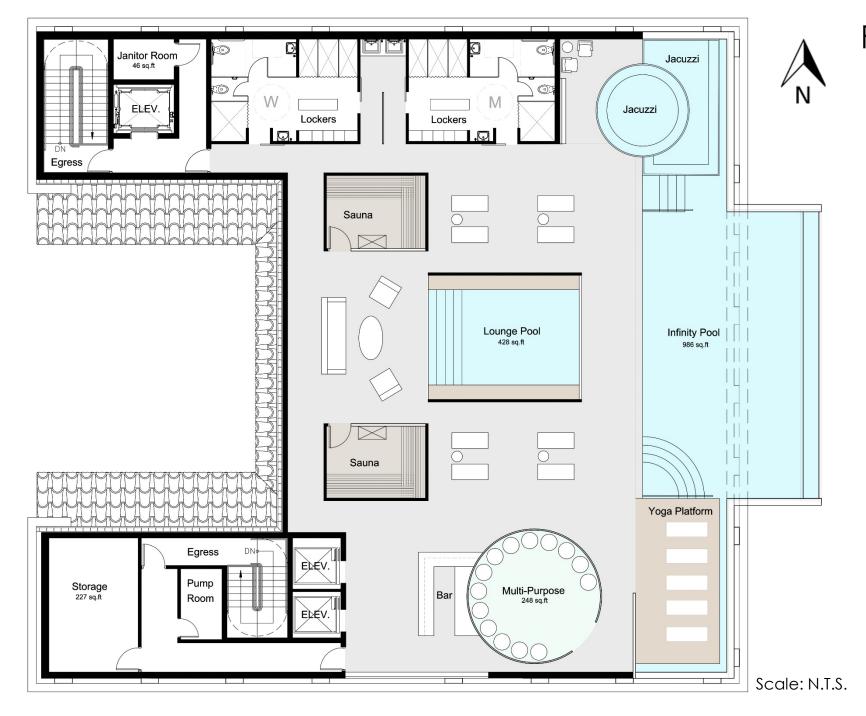
FLOOR PLAN (5TH Floor)



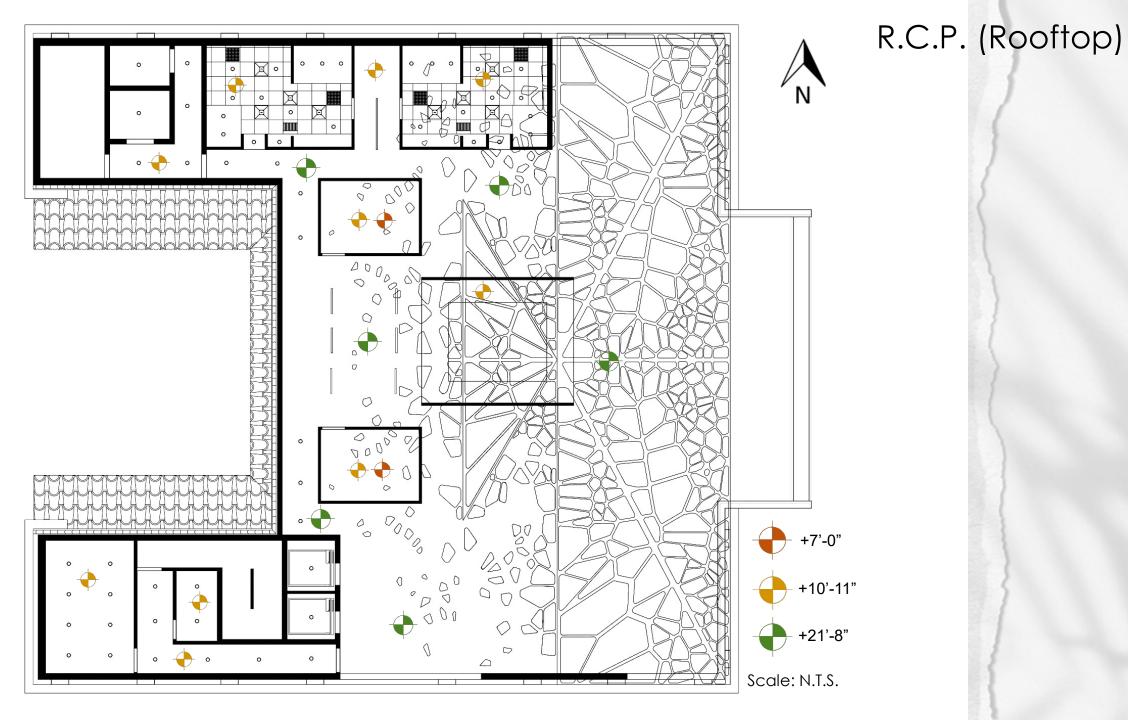
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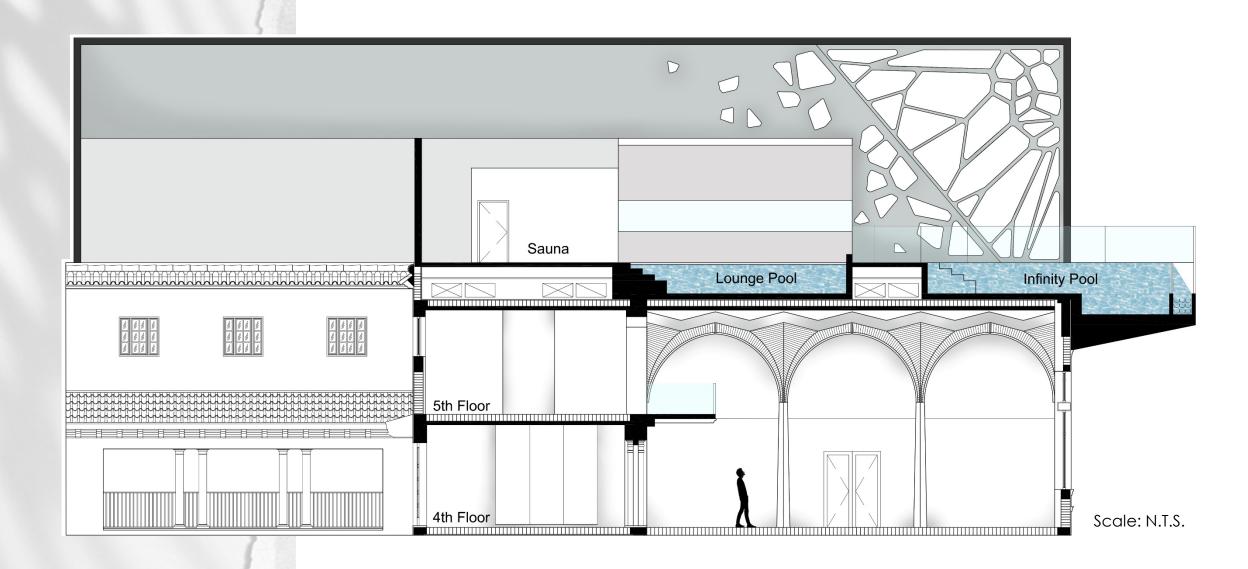
R.C.P. (5TH Floor)



FLOOR PLAN (Rooftop)



TRANVERSE SECTION



ELEVATIONS



Reception Lobby Elevation

Scale: N.T.S.



Gym Studio Elevation

Scale: N.T.S.

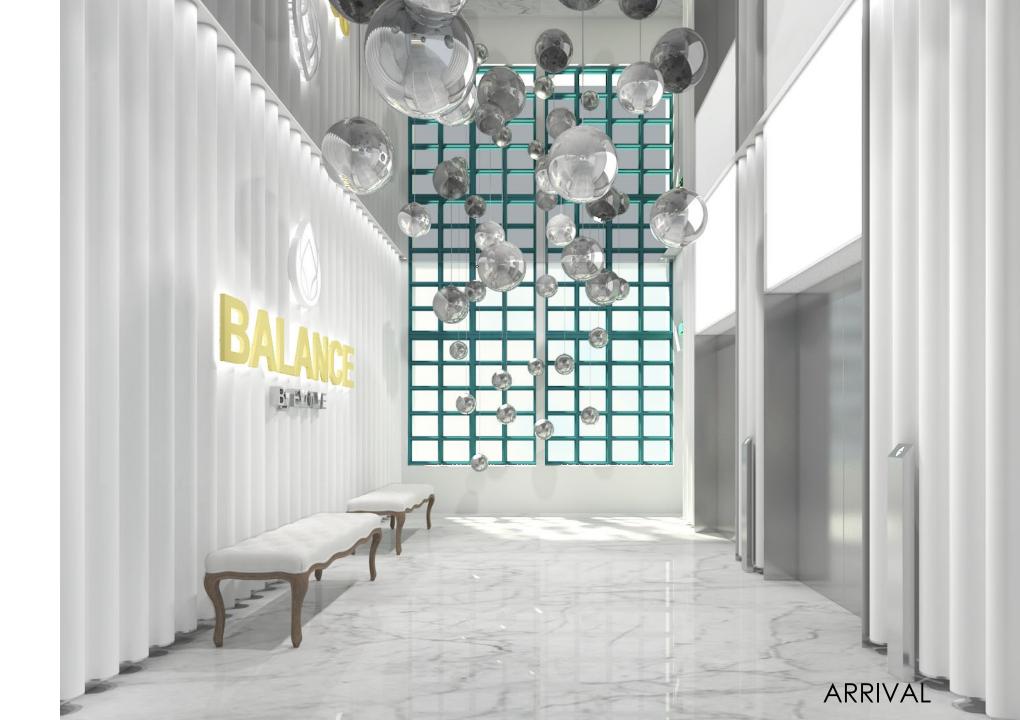


LIGHTING & FURNITURE **SELECTIONS** Rooftop



























4th Floor



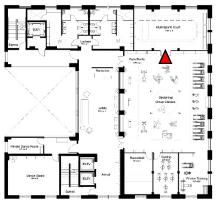


















5th Floor









5th Floor



CAFE



5th Floor







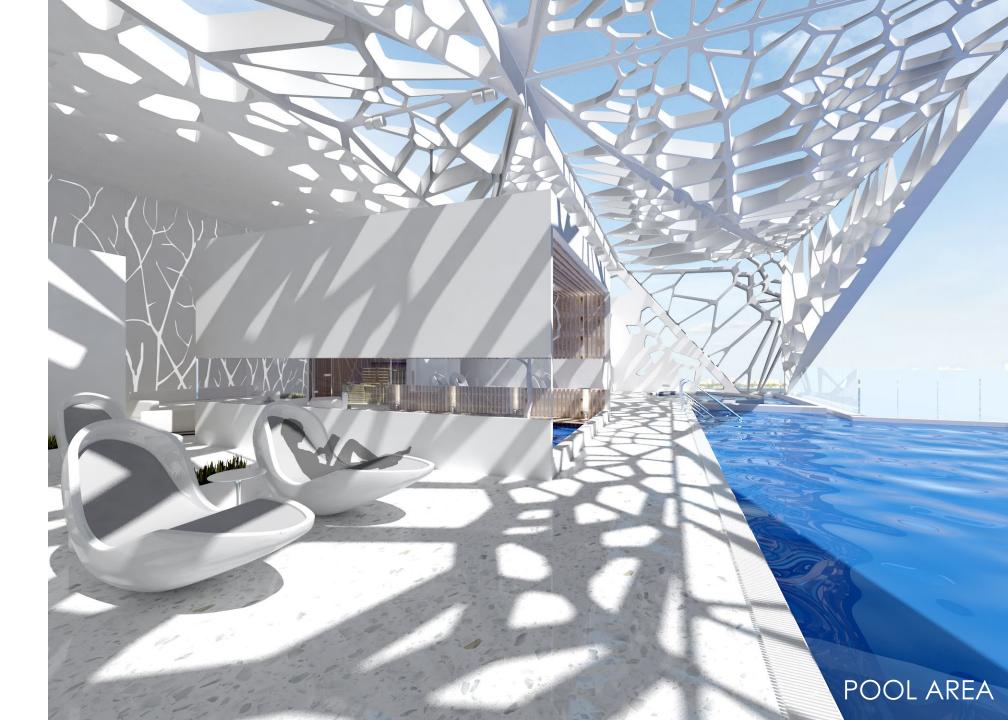


5th Floor





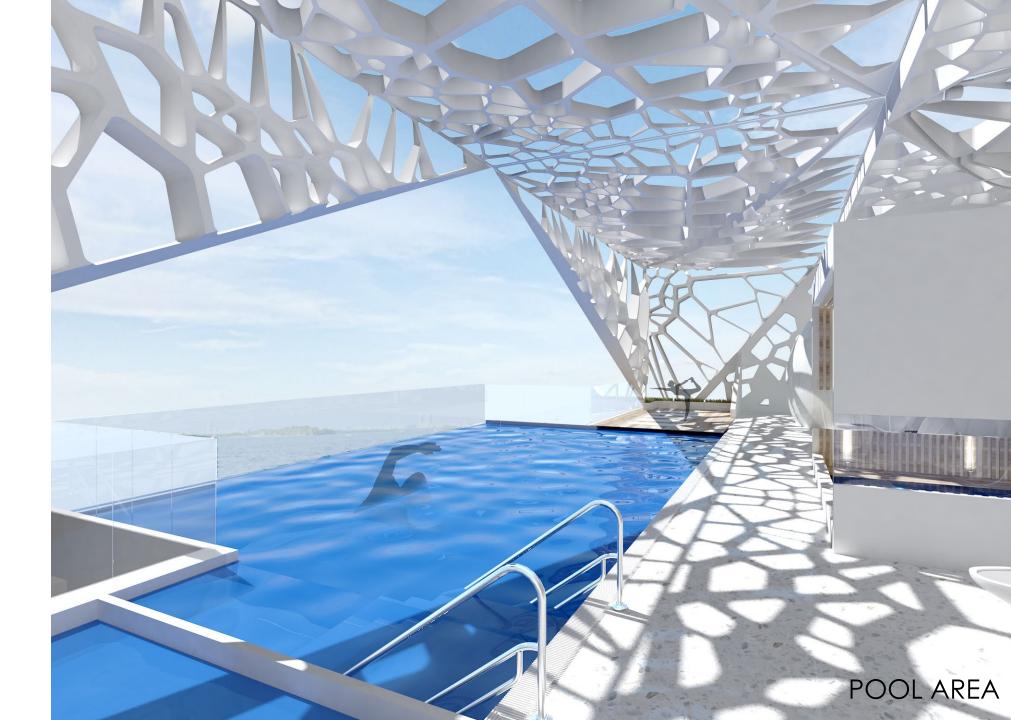
Rooftop



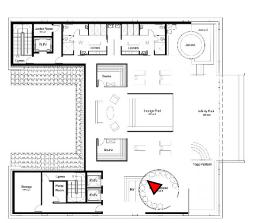




Rooftop







Rooftop







Rooftop

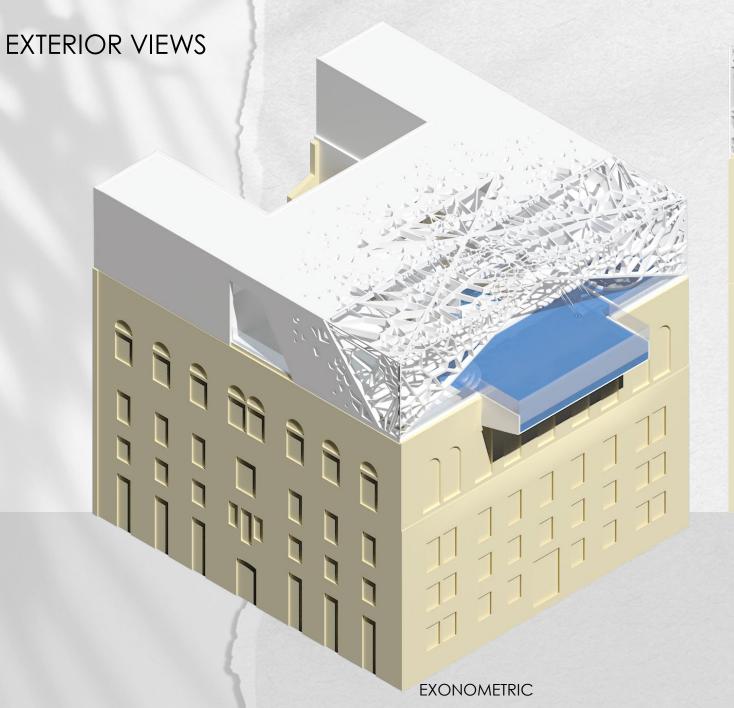


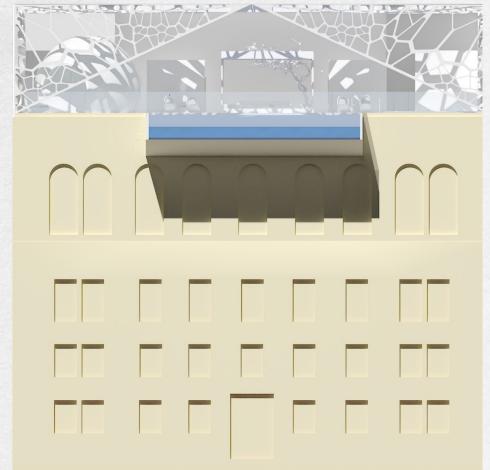




Rooftop







EAST ELEVATION

